



Bore da, Good Morning.

We would like you to help yourself to our continental Breakfast and one of the team will be along shortly to take your order for you.

Please choose only one of the following:

(GF) Full Welsh Breakfast**

Pork and Herb Sausage, bacon, black pudding, mushrooms, tomato and a choice of fried, poached or scrambled egg.

(V) Full Veggie Breakfast

Glamorgan sausage, mushroom, tomato, beans and a choice of fried, poached or scrambled egg.

Welsh Rarebit

Flavoured cheese on toast with or without bacon

Porridge with or without pecans nuts and honey

We hope you enjoyed your stay with us and we hope to

Buttermilk pancakes

With or without golden syrup

(GF) Creamy cockles and laver bread on toast**

With or without bacon

(V) – Vegetarians, GF – Gluten free, GF** Can be gluten free on request

All our dishes are cooked fresh for you, so some may take a little longer than others. Some may contain allergens so do please inform one of the staff members if you have any concerns, dietary requirements or would like more information. We will always try to accommodate you.



(GF) Smoked Haddock

With poached egg

(GF) Smoked Kippers

(GF) Choice of sandwich** (on white or wholemeal bread)

Bacon

Bacon and fried egg

Bacon and sausage

Sausage

Sausage and fried egg

(GF) Egg on toast** with a choice of fried, poached or scrambled

(GF) Beans on toast**

(GF) Boiled egg** with soldiers

Available on request: gluten free bread and soya milk.

We hope you enjoyed your stay with us and we hope to welcome you back soon

Non Residents:

Full breakfast £11.95 per person

Continental breakfast: £6.95 per person

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